

Into The Mountain— A Meet

Saturday 24 November

Tramway, Glasgow

10.00am – 10.15am

Refreshments

Please make yourself comfortable. There are chairs and beanbags available, a children's corner and refreshments. If you haven't signed up for afternoon sessions please do this now to ensure you can attend a session of your choice.

10.15am – 10.20am

Welcome

A warm welcome to Into The Mountain – A Meet from Sam Trotman, Director of the Scottish Sculpture Workshop (SSW).

10.20am – 11.00am

Introduction to Into The Mountain

Simone Kenyon, artist and choreographer, will introduce Into The Mountain and the framework for the day's activity. Simone will share her motivations and experiences developed over the past 6 years of walking and working in the Cairngorms and the research that has led to this project.

11.00am – 12.10pm

Session 1: Women+ in the Mountains

Taking Nan Shepherd's writing and her embodied relationships with the Cairngorms as a point of departure, this session introduces the multiplicity of women's+ experience in the mountains. The panel is chaired by Professor Deirdre Heddon.

Dr Samantha Walton will hone in on two excerpts from *The Living Mountain*, to explore the philosophy, art, geography and science underpinning Shepherd's writing of the mountain. It will also question the value of reading *The Living Mountain* in the context of our current ecological crisis.

Pammy Johal will draw from personal experience of supporting and enabling marginalised communities to physically and psychologically explore mountain environments, in particular BAME women through her role as the founder of Backbone CIC. She will outline the barriers that exist for marginalised communities in building a relationship with mountainous environments.

Dr Louise Ann Wilson will present – 'Dorothy Wordsworth's Legacy: A feminine 'material' sublime approach to the creation of Applied Scenography in mountainous landscapes'. This presentation argues that a uniquely 'feminine' (material) sublime approach to mountains exists and has for generations but remains under recognised and on the fringes of mainstream dialogues.

12.10pm – 1.00pm

Discussion

Drawing on the panel's presentations, Deirdre will open the discussion to the floor.

Into The Mountain – A Meet brings together practitioners and enthusiasts interested in the intersections and conversations between the arts, dance, mountain and hill walking cultures. Together it will critically explore through talks, discussions and sessions, how women+ encounter and engage with mountainous environments, considering both historical and current perspectives of gender in relationship to landscapes.

All sessions are in Tramway T4 unless otherwise mentioned.

1.45pm – 4pm

Session 2: Re-imagining human-mountain collaboration

The afternoon acts as a space to re-imagining our human-mountain interactions and connections by paying attention and bringing awareness to the multiple ways in which collaborations can occur with its more-than-human life. The group will split into three simultaneous sessions which participants will have signed up for in advance.

THE MOUNTAIN INSIDE — Ilana Haperin

Geologic Intimacy. Physical Geology. Ilana will share a core sample of field notes assembled over twenty years, while working on active, quiet and sleeping mountains. She will situate her work within discrete legacies of feminist land art practice, built on intuitive approaches to engaging with landscape and wider natural phenomena through corporeal understanding. Remote field work, gestural performance, newly imagined personal geologic vocabularies.

Non-human navigators — Heather Barnett

Heather will start the session with a short presentation that focuses her recent involvement in *Field Notes – Ecology of Senses*, an art & science field laboratory organized by the Bioart Society at the Kilpisjärvi Biological Station in Lapland/Finland. She will highlight the 'reciprocal sensing' approach the group developed through collectively exploring the terrain of the Saana hills. She will follow this with a group urban herding experiment.

This session will take place in the Studio.

Movement workshop with Laura Bradshaw

A slow movement session drawing upon Body Weather and somatic practices, aiming to tune our sensory, embodied focus through touch-based and imagination-led improvisation. This refining of gentle attentiveness to human and non-human connectivity will frame movement exercises indoors and in the Hidden Garden.

This workshop is in The Boiler House.

4.00pm – 5.00pm

Closing Discussions

The day will end with a group conversation chaired by Professor Deirdre Heddon, with time for smaller group and individual conversations.

Throughout the day

The Walking Library, an ongoing creative research project created by Deirdre Heddon and Misha Myers that seeks to bring together walking and books, is on display in T4.

The Herd: Reciprocal Sensing (2018), a film by Heather Barnett with others, and **Women of the Hill** (2015), documentation of a performance by Hanna Tuulikki, are screening in the foyer of Tramway.



ALBA | CHRUTHACHAIL

Heather Barnett is an artist, researcher and educator working with natural phenomena complex systems and biological design, often in collaboration with scientists, artists, participants and organisms. Using diverse media including printmaking, photography, animation, video, installation and participatory experimentation, and working with living materials and imaging technologies, her work explores how we observe, represent and understand the world around us. Current work includes *The Physarum Experiments*, an ongoing 'collaboration' with an intelligent slime mould; *Animal Collectives* Leverhulme Artist in Residence with Swansea University; and *Nodes and Networks*, a series of collective interdisciplinary biosocial experiments. @HeatherABarnett

Laura Bradshaw is an artist, lecturer and somatic movement practitioner based in Glasgow. She currently lectures in Contemporary Performance at the Royal Conservatoire of Scotland and has recently written and developed a new strand of the programme entitled *Embodiment and Wellbeing*. With a particular interest in memory and the body, Laura's research and practice includes explorations of ancestry, movement in landscape and practices of invitation and response. As a performance maker, Laura makes work under the name *Scrimshaw Projects*. Laura has joined Simone in various stages of research that has led to the *Into the Mountain* project, including a supported summer residency at Cove Park.

Ilana Halperin is an artist, originally from New York, based in Glasgow. Her work explores the relationship between geology and daily life. She combines fieldwork in diverse locations – on volcanoes in Hawaii, caves in France, geothermal springs in Japan – and in museums, archives and laboratories, with an active studio-based practice. Her work has featured in solo exhibitions worldwide including *Berliner Medizinhistorisches Museum der Charité*, *Artists Space* in New York and the *Manchester Museum*. She was the *Inaugural Artist Fellow* at *National Museums Scotland* and *Artist-Curator of Geology* for *Shrewsbury Museum and Art Gallery*. Ilana shares her birthday with the *Eldfell* volcano in Iceland. @geologicnotes

Professor Deirdre Heddon holds the James Arnott Chair at the University of Glasgow. She has written extensively about walking and art, with a particular focus on women artists. Her ongoing art project, a collaboration with Misha Myers, is called *The Walking Library*. This brings together books, reading and walking to explore the interrelations between them. Each library is filled with book suggested to carry on a specific walk. The *Walking Library's* most recent editions are *The Walking Library for Women Walking* and *The Walking Library for a Wild City*. Dee's research featured recently on BBC R4's *The Art of Now: Women Who Walk*. @DeirdreHeddon

Pammy Johal is an educator, training consultant, and founder of *Backbone CIC*. She holds a BA in *Recreational Studies* specialising in *Outdoor Education* and *Community Development*. With over 25 years' experience in facilitating environmental leadership projects, she is regarded as an expert in her field for engaging marginalised communities, particularly *Black and Ethnic Minority women* in the environmental sector. Her work has featured on national television, radio and in environmental magazines, including *BBC's Countryfile*, *Ramblings* and *Outdoor* programme. She has a passion for wild open spaces taking her on numerous expeditions worldwide.

Simone Kenyon is an Edinburgh-based artist, choreographer, dancer and academic. Working for the past 20 years across dance and interdisciplinary arts, she creates work that encompasses movement practices, ecology and place, walking arts and participatory events for both urban and rural contexts. Her solo work considers walking as a choreographic practice and sensory perception of environments in relation to place and performance. @SimoneRKenyon

Dr Samantha Walton is a poet, publisher and Reader in Modern Literature at Bath Spa University. She's the author of the first full monograph on *Nan Shepherd: The Living World: Nan Shepherd and Environmental Thought* (forthcoming 2019). Her poetry collection *Self Heal* was published by Boiler House Press (UEA) in November 2018. She co-edits *Sad Press*, a small publisher dedicated to experimental poetry, and *Green Letters: Studies in Ecocriticism*, the journal for the Association for the Study of Literature and the Environment. @samlwalton

Dr Louise Ann Wilson is an artist, scenographer and researcher who creates site-specific walking-performances in mountainous and rural landscapes that give-voice to 'missing' or marginal life-events – with transformative and therapeutic outcomes. Her work has addressed terminal illness, bereavement, in/fertility and involuntary childlessness, the effects of aging and the impact of change. @lawilson

Into The Mountain is a place sensitive performance project by artist and choreographer Simone Kenyon. Inspired and informed by the lyrical and embodied prose of *Nan Shepherd's* 1974 book, *The Living Mountain*, the project explores and celebrates women's+ relationships with mountainous places.

The project culminates in a place specific performance journey presented within the Cairngorm mountain range in 2019 for a live audience and an audio trail made accessible via this project website. Through working directly within the unique environment of the Cairngorms plateau and with women+ living within the communities of the National Park, *Into The Mountain* celebrates woman's+ encounters with mountainous environments, addressing both historical and current perspectives of gender and access in relationship to the Scottish landscape. All aspects of the project are informed, created and delivered by women+.

Upcoming in 2019

Open call: Choirs and singers in the Cairngorms

We are looking for singers and choirs based in the Cairngorm region, who are interested in working with the project team to perform a new vocal composition by artist *Hanna Tuulikki* as part of the *Into The Mountain* performances in 2019. If you identify as woman+ and are interested in getting involved, please get in touch with us on info@intothemountain.co.uk.

Saturday 24 – Sunday 25 March 2019

Winter Writing Weekender

A two day workshop led by writer and walker, *Linda Cracknell*, for women+ interested in nature writing and capturing women's+ experiences of the mountains and nature. Formed by walking and creative writing explorations within and around the *Scottish Sculpture Workshop* at the foot of the *Grampian Hills* in *Aberdeenshire*, this workshop is open to novices and professionals who wish to make space for a writing practice in a supportive and relaxing environment.

Tickets available via intothemountain.co.uk.